



ICMH Board of Directors

Robert Clark, President

Bob is a retired health care executive who has spent over 30 years in health care here on Vancouver Island. Bob's personal interest in joining the Board stems from the help and support his daughter Chelsea received from Island Community Mental Health. He and Chelsea describe the services as critical in helping her to navigate educational options while coping with a severe anxiety disorder in her teen years. Bob is also a Board member of Aids Vancouver Island and is a volunteer at the Royal British Columbia Museum. Bob and his wife Linda live in View Royal. They have two daughters, Tessah who lives in Edmonton, and Chelsea who is doing well and living in Victoria.

Patricia Clarke, Past President

Pat, currently a director in the BC Public Service, has served in a variety of senior management roles throughout her career. Before joining the BC government, Pat spent 16 years managing international development projects at the University of Victoria.

It was through her international work that Pat developed a passion for supporting community-based organizations that truly make a difference in the lives of others. While her family has not personally been touched by mental illness, she has a keen understanding of the important role that Island Community Mental Health plays in supporting recovery.

Tony Rushworth, Vice President

Tony is currently Branch Operations Advisor for the BC Yukon branch of the Royal Canadian Legion. Before joining Legion Command, Tony was President of A.L. Rushworth Ltd. Group of Companies, operating Hotel's, Pubs, Shopping Centre, Construction, Commercial Real Estate and Retail Businesses. Tony has served on the boards of the Neighbourhood Pub Owners Association, Credit Union, Southwestern BC Tourist Association, and as a Municipal Councillor. Tony's involvement with I.C.M.H. and other Non-Profits has made him aware of the importance of NPO's in stretching limited funding dollars to serve communities better.

Teresa Lin Stout, Treasurer

Teresa is a Chartered Professional Accountant and distinguished audit professional with extensive experience in working with the public sector, private enterprises, and not-for-profit organizations in Canada and abroad. In her management role at the Office of the Auditor General of British Columbia, she diligently serves the people of BC in upholding government accountability. She holds a Bachelor of

Commerce (Honors) degree in Accounting from the University of Alberta. Having lived on 4 continents and visited over 50 countries, Teresa brings a diverse perspective while being deeply connected with Victoria as her cherished hometown and favourite community. Her substantial past and present service with NPO boards including Inter-cultural Association of Greater Victoria (ICA), Victoria Foundation, Victoria Dragon Boat Festival Society, and Victoria Chinese Commerce Association, underscores her dedication to enhancing the lives of her fellow community members.

Eileen Goudy, Chair of Quality Committee

Eileen is a retired health care professional who has worked in a variety of leadership roles on Vancouver Island. She has been a Surveyor with Accreditation Canada since 2007 and has had the opportunity to survey across Canada as well as internationally. Eileen joined the ICMH board, as she wanted to give back to the community. She believed in the board's vision and goal of improving services to those in need.

Sarah Gustin, Member at Large

Sarah is an independent consultant, bringing 15 years of experience working in health authorities, government, research institutions and non-profits in BC, Ontario and Latin America. Her areas of expertise are strategic planning, project management, evaluation and knowledge translation to improve the conditions for health where people live, learn, work and play. Sarah brings a deep compassion for those facing mental health and addiction issues, informed by the experiences of family members and loved ones who live with mental illness. She also brings knowledge from her prior role as a mental health program manager at BC Children's Hospital. A new resident of Victoria since 2019, Sarah is excited by the opportunity to build community and work collaboratively with ICMH, its clients and partners.

Rhonda McGinnis Chair of the ICMH HR Committee

Rhonda is a seasoned public sector leader with over 20 years of experience in a variety of leadership roles. She has a Master's Degree in Public Administration a Bachelor's Degree in Business with a specialization in Human Resources and Leadership as well as various other diplomas and certificates. Rhonda spent 10 years leading the BC Public Service's Long and Short Term Disability Plan administration and through this experience gained valuable insights into the impacts and challenges of mental health and wellness on the workplace. Over the last 5 years she has held progressively responsible roles where she was designing, developing, leading and implementing leadership and learning for large public sector organizations. Most recently she implemented a comprehensive Inclusion, Equity, Diversity and Accessibility plan with full buy in from numerous executive teams. Rhonda is currently the Chief Human Resources Officer for the Economy Sector ministries in the BC Public Service. She also volunteers for the Program Advisory Committee at Camosun College School of Business which is focused on ensuring the school's programs are keeping current and meeting the industry needs so graduates are set

up for career success. Rhonda is a passionate HR leader and brings this valuable experience to her role as the Chair of the HR committee for Island Community Mental Health.

Henry Van Boxel, *Chair of Governance Committee*

Henry has owned and operated Interact Management Co. Ltd. focused on business consulting for business start-ups, growth and improving operational excellence. The provision of leadership in strategic planning, and management expertise to effectively support an organizations strategies, objectives, plans, and projects. He holds a Small Business Counseling Certificate, received Coach Training and holds a Masters in Management focused on Organization Change and Development. He is a longstanding member of the Project Management Institute (PMI).

As Project Manager for the Population and Public Health Division (PPH) at the *Ministry of Health* I provided project leadership and training for 90+ public health policy analyst. Built an effective project portfolio management system for PPH executive leadership. As part of his responsibilities at the Ministry of Health he took a keen interest in familiarizing himself with First Nations project work.