

Peer Supported Groups

Spring Semester 2023 April 3rd - June 30th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am - 10am Virtual Goal Setting Starts April 10th</p> <p>11am - 12.30pm Board Game Cafe (723 Yates Street) Starts April 10th</p>	<p>9am-12pm Adult Upgrading: Math</p> <p>12pm - 2pm Cooking Club Make a meal, take a meal Starts April 11th</p> <p>12.30pm - 3.30pm Open Art</p>	<p>9am-12pm Adult Upgrading: English</p> <p>12pm - 2pm Cooking Club Make a meal, take a meal Starts April 12th</p> <p>12.30pm - 3.30pm Open Art</p>	<p>9am-12pm Adult Upgrading: Math</p> <p>11am - 12pm Book Club Apr 13th - May 11th Book: 'The Maid' Jun 8th - Jul 13th Book TBD</p> <p>12.30pm - 3.30pm Open Art</p>	<p>9am - 10am Virtual Goal Working Group Starts April 14th</p> <p>1.30pm - 2.30pm Talk & Step</p>

For more information contact peersupport@icmha.ca or call Tel: 250-389-1211 ext. 241