



ISLAND COMMUNITY
MENTAL HEALTH

Presents

Community Partners Workshop Series with Kent LaForme

July 17th 10-1pm

125 Skinner Street in the Art Studio

To sign-up please call Ilene 250-389-1211

“Shaping Stone” Sculpture Workshop

The “Shaping Stone” sculpture workshop introduces participants to hand tools, polishing compounds, and the reductive process of stone-carving. Each participant will create a stone sculpture in this workshop. There will be a choice to sculpt Orcas, wolves, bears or abstract forms. Working with stone emphasizes focus and concentration. Sculpting stone does not bring anything new into the world, it simply transforms what already exists. This introspective process gives us a little glimpse into the quiet passing of time while teaching us that we are capable of not only transforming matter but also transforming ourselves. All participants will leave with the sculpture they've created, and the artistic sense of accomplishment that they've earned.

About Kent Laforme

Kent Laforme is an artist who specializes in stone-carving and illustration. He has been exhibiting his work for the past 25 years. He has a BFA from the Nova Scotia College of Art and Design and three years of marble-carving training at Renato Leonardi's studio in Italy. Kent also works for the BC Schizophrenia Society as a W.R.A.P facilitator and Peer supporter.

